

OUR LADY OF THE VALLEY

# LIVING LENT

FRIDAY OF THE FIFTH WEEK OF LENT

**DAY 38**

*DON'T JUST OBSERVE LENT,  
LIVE IT!*

A CATHOLIC ONLINE @ CATHOLIC.ORG PROGRAM

## PRAY:

I love you, O Lord, my strength, O Lord, my rock, my fortress, my deliverer." (Psalm 18:2-3)

READING: John 10:37-38

37 If I am not doing my Father's work, there is no need to believe me;

38 but if I am doing it, then even if you refuse to believe in me, at least believe in the work I do; then you will know for certain that the Father is in me and I am in the Father.

## MEDITATION:

Despite the his words, many people still did not believe Jesus. When they asked for proof, Jesus pointed to the good works he did as proof he was from God.

Can people point at the works we do and agree we are followers of Christ?

## LET US PRAY

Lord, help me to follow you more closely. I pray that your love for your creation shines though me. When people see the deeds I do, I pray they feel your presence.

## ACTION:

I will do a good deed for someone in my family today. .