

OUR LADY OF THE VALLEY
LIVING LENT
SUNDAY OF THE THIRD WEEK OF LENT
DAY 19

DON'T JUST OBSERVE LENT, LIVE IT!

A CATHOLIC ONLINE @CATHOLIC.ORG PROGRAM



PRAY:

If today you hear his voice, harden not your heart.

ATTEND MASS

LET US PRAY:

Lord, open my ears and my heart to your word. I am ready to listen,
let me hear your voice.

ACTION:

I will seek an hour of solitude to listen to God.