

OUR LADY OF THE VALLEY

LIVING LENT

TUESDAY OF THE FIFTH WEEK OF LENT

DAY 35

*DON'T JUST OBSERVE LENT,
LIVE IT!*

A CATHOLIC ONLINE @ CATHOLIC.ORG PROGRAM

PRAY:

"O Lord, hear my prayer, and let my cry come to you. Hide not your face from me on the day of my distress. Incline your ear to me; in the day when I call, answer me speedily." (Psalm 102:2-3)

READING: John 8:28-30

28 So Jesus said: When you have lifted up the Son of man, then you will know that I am He and that I do nothing of my own accord. What I say is what the Father has taught me;

29 he who sent me is with me, and has not left me to myself, for I always do what pleases him.

30 As he was saying this, many came to believe in him.

MEDITATION:

Jesus was sent by God to preach the Gospel and to die for the sins of all. By accepting Jesus as savior, we accept the gift of salvation, offered by God. We must recognize that Jesus is Lord, that his commandments are we should love God and one another as ourselves. When we live according to these beliefs, we show God that we accept his gift.

LET US PRAY:

Lord, help me to live as to show you I accept your gift. Many times I have said I accept, but it is better to show you I accept through my prayers and actions.

ACTION:

I will seek to attend Good Friday Mass next week, and to learn about Good Friday and the Mass before I attend. I will rearrange my schedule if needed. I will demonstrate to God that I accept his gift by my presence.