

OUR LADY OF THE VALLEY
LIVING LENT

WEDNESDAY OF THE FOURTH WEEK OF LENT

DAY 29

*DON'T JUST OBSERVE LENT,
LIVE IT!*

A CATHOLIC ONLINE @CATHOLIC.ORG PROGRAM

PRAY:

"Can a mother forget her infant? be without tenderness for the child of her womb?
Even should she forget, I will never forget you." (Isaiah 49:15)

READING: John 5:21-24

21 Thus, as the Father raises the dead and gives them life, so the Son gives life to anyone he chooses;

22 for the Father judges no one; he has entrusted all judgement to the Son,

23 so that all may honour the Son as they honour the Father. Whoever refuses honour to the Son refuses honour to the Father who sent him.

24 In all truth I tell you, whoever listens to my words, and believes in the one who sent me, has eternal life; without being brought to judgement such a person has passed from death to life.

MEDITATION:

In yesterday's reading, Jesus healed a man who had been sick for 38 years. Jesus was criticized for healing the man because he healed him on the Sabbath. His critics accused him of breaking the letter of the law. By criticism him, they revealed it was they who did not understand the law. The purpose of the law was not to restrict work so much as to ensure people kept God as the focus of their day. When one is focused on God, acts of charity do not count as work so much as they are service rendered to honor God and His commandment to love one another. Indeed, these are the two greatest commandments.

LET US PRAY:

Let me understand that when I love my neighbor, I am honoring your two greatest commandments! I love you, O Lord, and I love my neighbor. Open my eyes to those in need of my love.

ACTION:

I will seek to perform an act of charity today.